WEEK 3

Allergen Chart Primary School Autumn/Winter 2026/27

Recipe Description Contains **X** May Contains **O**	Peanuts	Eggs	Nuts	Crustaceans (Shellfish)	Molluscs (Shellfish)	Fish	Milk	Cereals containing Gluten	Soya	Sesame seeds	Celery	Mustard	Lupin	Sulphur Dioxide
MONDAY														
Margherita Pizza		O					X	X	X					
Sweet BBQ Cheese Pizza		O					X	X	X					
Potato Wedges														
Mousse							X							
TUESDAY														
Pasta & Meatballs								X						
Veggie Pasta Bolognaise								X						
Fruit Salad														
WEDNESDAY														
Sausage								X						X
Cauliflower Cheese							X	X						
Roast Potatoes														
Yorkshire Pudding		X					X	X						
Fruit Smoothie														
THURSDAY														
BBQ Chicken Pasta Bake								X						
Vegetable Curry														
Rice														
Victoria Sponge		X						X						
FRIDAY														
Fish Fingers						X		X						
Southern Style Quorn Burger								X		O				
Chips														
Vanilla & Chocolate Crunch		X						X						
Tomato Pasta							X	X						