WEEK 1

Allergen Chart Primary School Autumn/Winter 2026/27

Recipe Description Contains **X** May Contains **O**	Peanuts	Eggs	Nuts	Crustaceans (Shellfish)	Molluscs (Shellfish)	Fish	Milk	Cereals containing Gluten	Soya	Sesame seeds	Celery	Mustard	Lupin	Sulphur Dioxide
MONDAY														
Margherita Pizza		O					X	X	X					
Vegetable Supreme Pizza		O					X	X	X					
Fruit Yoghurt							X							
TUESDAY														
Burger								X		O				
Veggie Burger								X		O				
Garlic Rice														
Fruit Salad														
WEDNESDAY														
Roast Chicken														
Roast Quorn								X						
Roast Potatoes														
Yorkshire Pudding		X					X	X						
Shortbread Biscuit								X						
THURSDAY														
Sausage								X						X
Veggie Sausage									X					
Mashed Potato							X							
Chocolate Sponge		X						X						
Chocolate Custard							X							
FRIDAY														
Fish						X		X						
Vegetable Goujon														
Chips														
Sprinkle Cake		X						X						
Tomato Pasta							X	X						
Baked Potato with Cheese							X							
Baked Potato with Beans														
Baked Potato with Cheese & Beans							X							