

WEEK 3

Allergen Chart Primary School Spring/Summer 2026



Recipe Description Contains X May Contains O	Peanuts	Eggs	Nuts	Crustaceans (Shellfish)	Molluscs (Shellfish)	Fish	Milk	Cereals containing Gluten	Soya	Sesame seeds	Celery	Mustard	Lupin	Sulphur Dioxide
MONDAY														
Margherita Pizza		O					X	X	X					
Sweet BBQ Cheese Pizza		O					X	X	X					
Potato Wedges														
Fruit Yoghurt							X							
TUESDAY														
Pasta Bolognaise								X						
Veggie Pasta Bolognaise								X	X					
Garlic Bread							O	X	O					
Flapjack								X						
WEDNESDAY														
Chicken														
Cauliflower Cheese							X	X						
Roast Potatoes														
Yorkshire Pudding		X					X	X						
Apple Crumble								X						
Ice Cream							X							
THURSDAY														
Hot Dog								X						X
Veggie Hot Dog								X	X					
Diced Potatoes								X						
Iced Sponge		X						X						
FRIDAY														
Fish Fingers						X		X						
Salmon Fish Fingers						X		X						
Fishless Fingers								X						
Chips														
Fruit Muffin		X						X						
Tomato Pasta								X						