

WEEK 1

Allergen Chart Primary School Spring/Summer 2026



Recipe Description Contains X May Contains O	 Peanuts	 Eggs	 Nuts	 Crustaceans (Shellfish)	 Molluscs (Shellfish)	 Fish	 Milk	 Cereals containing Gluten	 Soya	 Sesame seeds	 Celery	 Mustard	 Lupin	 Sulphur Dioxide
MONDAY														
Margherita Pizza		O					X	X	X					
Vegetable Supreme Pizza		O					X	X	X					
Frozen Fruit Smoothie														
TUESDAY														
Lasagne		X					X	X						
Macaroni Cheese							X	X						
Garlic Bread							O	X	O					
Shortbread Cookie								X						
WEDNESDAY														
Roast Chicken														
Roast Quorn								X						
Roast Potatoes														
Yorkshire Pudding		X						X						
Ice Cream Sundae							X							
THURSDAY														
Breakfast Brunch		X					X	X						X
Vegan Breakfast Brunch								X	X					
Cheese & Biscuits		O					X	X		O				
FRIDAY														
Fish						X		X						
Vegetable Goujon														
Chips														
Chocolate Brownie		X						X						
Tomato Pasta								X						
Baked Potato with Cheese							X							
Baked Potato with Beans														
Baked Potato with Cheese & Beans							X							