



WEEK 1

Allergen key:

May Contain in ()



Peanuts (P)



Nuts (N)



Crustaceans (Shellfish) (CR)



Molluscs (Shellfish) (MO)



Fish (F)



Eggs (E)



Milk (MI)



Cereals containing Gluten (G)



Soya (S)



Sesame seeds (SS)



Celery (CE)



Mustard (MU)



Lupin (L)



Sulphur Dioxide (SD)

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

GLUTEN FREE

Tomato & Herb GF Pasta with GF Garlic Bread, Seasonal Vegetables

GF Sausage with Herby Diced Potatoes, Seasonal Vegetables

Roast Chicken, Crispy Roast Potatoes, Seasonal Vegetables, Gravy

Chicken Curry with Rice, Seasonal Vegetables CE;

Vegetable Goujons & Chips with Beans or Peas

GLUTEN FREE DESSERT

Ice Cream Sundae MI;

GF Shortbread Biscuit

Fresh Fruit or Jelly

GF Vanilla Sponge E;MI;

GF Cupcake E;MI;

DAIRY FREE

Tomato & Herb Penne Pasta with Garlic Bread, Seasonal Vegetables G;S;

Hot Dog with Herby Diced Potatoes, Seasonal Vegetables G;SD;(S);(SS)

Roast Chicken, Crispy Roast Potatoes, Seasonal Vegetables, Gravy

Chicken Curry with Rice and Naan Bread, Seasonal Vegetables CE;G;

Battered Fish & Chips with Beans or Peas G;F;

DAIRY FREE DESSERT

DF Ice Cream Sundae

Shortbread Biscuit G;

Flapjack G;

Vanilla Crunch G;E;

Cupcake G;E;

VEGAN

Tomato & Herb Penne Pasta with Garlic Bread, Seasonal Vegetables G;S;

Veggie Hot Dog with Herby Diced Potatoes, Seasonal Vegetables G;CE;(S);(SS)

Roast Quorn, Crispy Roast Potatoes, Seasonal Vegetables, Gravy G;

BBQ Quorn Taco with Rice, Seasonal Vegetables G;

Vegetable Goujons & Chips with Beans or Peas

VEGAN DESSERT

DF Ice Cream Sundae

Shortbread Biscuit G;

Flapjack G;

Vegan Vanilla Crunch G;

Vegan Cupcake G;S;

Available everyday: Salad Options Available Daily.



WEEK 2

Allergen key:

May Contain in ()



Peanuts (P)



Nuts (N)



Crustaceans (Shellfish) (CR)



Molluscs (Shellfish) (MO)



Fish (F)



Eggs (E)



Milk (MI)



Cereals containing Gluten (G)



Soya (S)



Sesame seeds (SS)



Celery (CE)



Mustard (MU)



Lupin (L)



Sulphur Dioxide (SD)

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

GLUTEN FREE

Vegetable GF pasta bolognese, seasonal vegetables

Chicken Fillet, herby diced potatoes, salad

Roast Pork, Crispy Roast Potatoes, Seasonal Vegetables, Gravy

Sweet & Sour chicken with rice, seasonal vegetables CE;

Vegetable Goujon & Chips with Baked Beans or Peas

GLUTEN FREE DESSERT

GF Iced Sponge E;MI;

Ice cream Sundae MI;

Jelly & Ice cream MI;

GF Shortbread Biscuit

GF Lemon Drizzle Cake E;MI;

DAIRY FREE

Vegetable pasta bolognese, seasonal vegetables G;

Breaded Chicken Steak, herby diced potatoes, salad G;

Roast Pork, Crispy Roast Potatoes, Seasonal Vegetables, Gravy

Sweet & Sour chicken with rice, seasonal vegetables CE;

Fish fingers & Chips with Baked Beans or Peas G;F;

DAIRY FREE DESSERT

Iced sponge G;E;

DF Ice cream Sundae

Jelly & DF Ice cream

Shortbread Biscuit G;

Lemon Drizzle Cake G;E;

VEGAN

Vegetable pasta bolognese, seasonal vegetables G;

Quorn Fillet, herby diced potatoes, salad G;

Roast Quorn, Crispy Roast Potatoes, Seasonal Vegetables, Gravy G;

Sweet & Sour Quorn with rice, seasonal vegetables CE;G;

Vegetable Spring Roll & Chips with Baked Beans or Peas G;S;SS;

VEGAN DESSERT

Vegan Iced sponge G;S;

DF Ice cream Sundae

Jelly & DF Ice cream

Shortbread Biscuit G;

Vegan Lemon Drizzle Cake G;S;

Available everyday: Salad Options Available Daily.



WEEK 3

Allergen key:

May Contain in ()



Peanuts (P)



Nuts (N)



Crustaceans (Shellfish) (CR)



Molluscs (Shellfish) (MO)



Fish (F)



Eggs (E)



Milk (MI)



Cereals containing Gluten (G)



Soya (S)



Sesame seeds (SS)



Celery (CE)



Mustard (MU)



Lupin (L)



Sulphur Dioxide (SD)

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

GLUTEN FREE

Margherita Pizza, Potato Wedges, seasonal vegetables MI;

Breakfast Brunch S;SD;E

Roast Chicken, Crispy Roast Potatoes, Seasonal Vegetables, Gravy

BBQ Chicken, rice, Seasonal Vegetables

Vegetable Goujon with Chips, Beans or Peas

GLUTEN FREE DESSERT

Ice cream Sundae MI;

Chocolate Sponge E;MI;

GF Chocolate Cookie

GF Muffin E;MI;

GF Chocolate Sponge E;MI;

DAIRY FREE

Margherita Pizza, Potato Wedges, seasonal vegetables

Breakfast Brunch G;S;SD;E

Roast Chicken, Crispy Roast Potatoes, Seasonal Vegetables, Gravy

BBQ Chicken Wrap, rice, Seasonal Vegetables G;

Chicken Dippers with Chips, Beans or Peas G;CE;

DAIRY FREE DESSERT

DF Ice cream Sundae

Chocolate Nest G;

Chocolate Cookie G;

Fruit Muffin G;E;

Chocolate crunch G;E;

VEGAN

Margherita Pizza, Potato Wedges, seasonal vegetables

Vegan Breakfast Brunch G;CE;

Roast Quorn, Crispy Roast Potatoes, Seasonal Vegetables, Gravy G;

Vegetable Curry with Rice, seasonal Vegetables CE;

Quorn Dippers with chips beans or peas G;

VEGAN DESSERT

DF Ice cream Sundae

Chocolate Nest G;

Chocolate Cookie G;

Vegan Muffin G;S;

Vegan Chocolate crunch G;

Available everyday: Salad Options Available Daily.